



6 DAYS

TANZANIA · MOUNTAIN TREKKING

6-Day Mount Meru Trek

A four-day climb of Mount Meru (4,566 m) in Arusha National Park, walking past giraffe and buffalo to a summit ridge facing Kilimanjaro.

DURATION

6 days

DESTINATIONS

1

TRIP STYLE

Mountain Trekking

AT A GLANCE

Tour Overview

Mount Meru is the volcano that stands over Arusha. At 4,566 m it is the second-highest mountain in Tanzania, and many people who have climbed both say it is the better walk.

The trek begins inside Arusha National Park, so on the first day you are likely to pass giraffe, buffalo and warthog on the lower slopes. An armed park ranger walks with every group for that reason. Higher up, the route passes through forest hung with lichen, and from Saddle Hut an afternoon walk up Little Meru (3,820 m) helps with acclimatisation.

Summit day starts in the small hours and follows a narrow ridge around the rim of the broken crater, with the ash cone far below on one side. You reach Socialist Peak at sunrise, with Kilimanjaro on the horizon to the east. Nights are spent in mountain huts with bunk beds.

Good for: fit hikers who want a serious mountain without Kilimanjaro's crowds, and anyone looking to acclimatise before a Kilimanjaro climb. The summit ridge is exposed in places and needs a steady head.

DURATION

6 days

DESTINATION

Tanzania

TRIP STYLE

Mountain Trekking

DESTINATIONS

Arusha

Safari Highlights

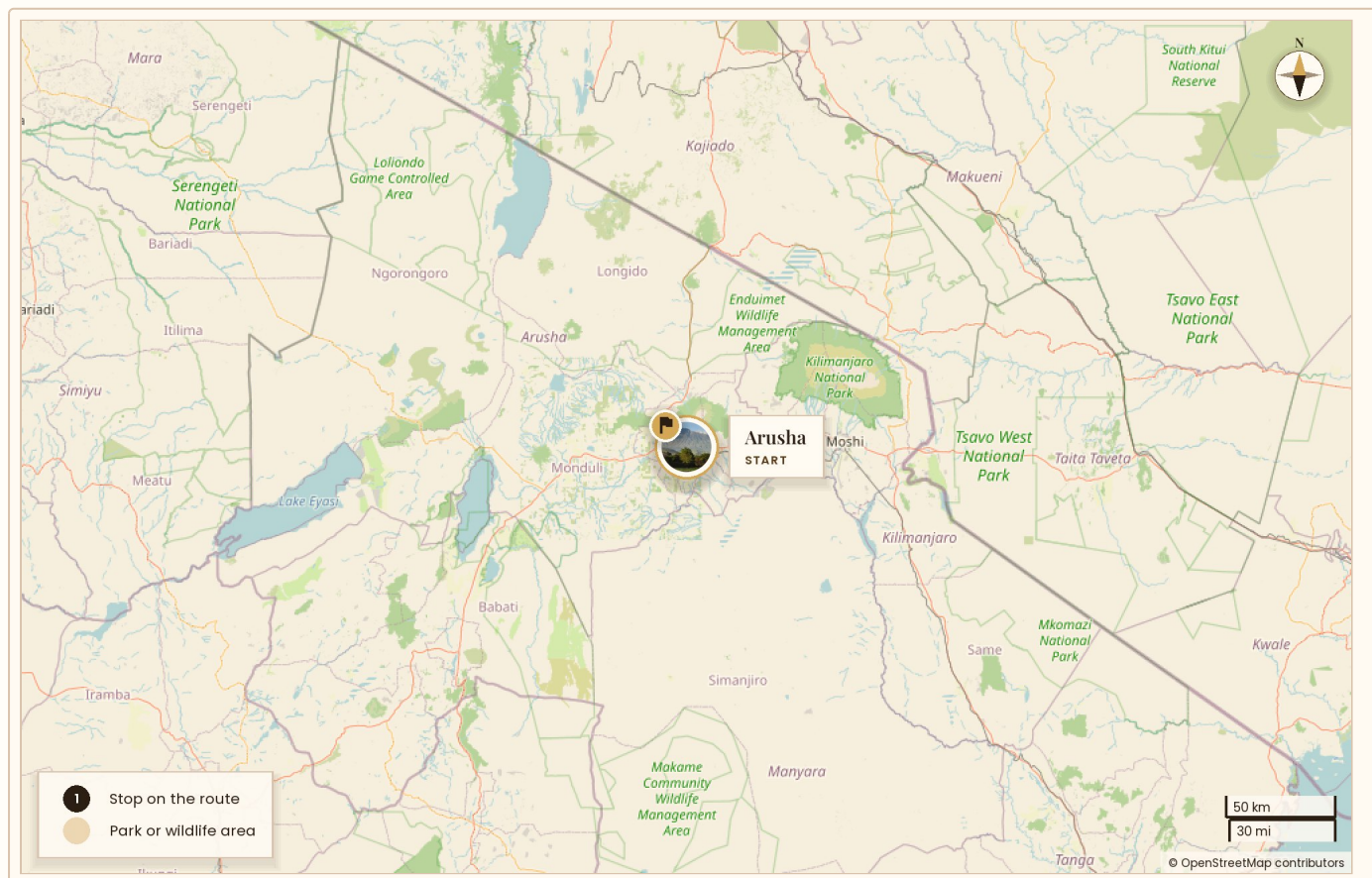
- Summit of Mount Meru, 4,566 m, at sunrise
- Acclimatisation walk up Little Meru, 3,820 m
- Hut accommodation at Miriakamba and Saddle
- Wildlife on the trail inside Arusha National Park
- Crater-rim ridge walk with views to Kilimanjaro
- Ideal preparation for a Kilimanjaro climb



TANZANIA

Your route

Where the journey takes you, from the first day to the last.



Arusha Days 1-6



S Arusha

DAYS 1-6 · START

Overnight: Mount Meru Hotel, Mount Meru Huts (Miriakamba and Saddle)

6 DAYS

Day by day

Your journey through Tanzania, one day at a time.



DAY 01

Arrival and preparation in Arusha

Transfer from the airport to your hotel in Arusha. Your guide goes through the route and checks your equipment. Overnight in Arusha.

DESTINATION Arusha

OVERNIGHT Mount Meru Hotel



DAY 02

Momella Gate to Miriakamba Hut (2,514 m)

Drive to Momella Gate in Arusha National Park and meet your ranger. The walk crosses open grassland with buffalo and giraffe, then climbs through forest, passing the arched fig tree, to Miriakamba Hut. Four to five hours.

DESTINATION Arusha

OVERNIGHT Mount Meru Huts (Miriakamba and Saddle)



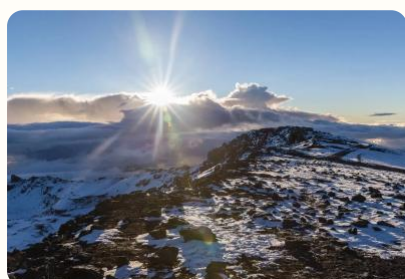
DAY 03

Miriakamba Hut to Saddle Hut (3,570 m)

A steep climb of three to four hours through forest and giant heather to Saddle Hut. In the afternoon you walk up Little Meru (3,820 m) for the view and to help your body adjust, then return to the hut for an early night.

DESTINATION Arusha

OVERNIGHT Mount Meru Huts (Miriakamba and Saddle)



DAY 04

Summit: Socialist Peak (4,566 m), descend to Miriakamba

Leave around 2 am, climb to Rhino Point, and follow the ridge along the crater rim to the summit for sunrise, with Kilimanjaro to the east. Descend to Saddle Hut for brunch and continue down to Miriakamba. A day of 10 to 12 hours.

DESTINATION Arusha

OVERNIGHT Mount Meru Huts (Miriakamba and Saddle)



DAY 05

Miriakamba Hut to Momella Gate, return to Arusha

A two- to three-hour walk down the shorter, steeper path to the gate, with more chances to see wildlife on the plains. Transfer back to Arusha for a rest and a celebratory dinner.

DESTINATION Arusha

OVERNIGHT Mount Meru Hotel



DAY 06

Departure

Transfer to the airport, or continue to Kilimanjaro or on safari.

DESTINATION Arusha

AFRICAN QUEEN ADVENTURES

Where you stay

Lodges and camps chosen for their setting, comfort and service. (or similar, depending on availability)



Mount Meru Hotel

DAY 1-5 · HOTEL · MID-RANGE

A large, well-run hotel on the edge of Arusha, set in gardens with views of Mount Meru on clear days. A practical, comfortable base for the first and last nights of a safari, with...

Restaurant · Bar · Swimming pool · Wi-Fi in public areas · Private bathroom



Mount Meru Huts (Miriakamba and Saddle)

DAY 2-4 · MOUNTAIN HUTS · MOUNTAIN STAY

The national park huts on the Momella route up Mount Meru: Miriakamba Hut in the forest and Saddle Hut below the summit ridge. Simple shared rooms with bunk beds and a dining hall;...

Warm washing water · Bunk beds · Dining hall

6-DAY MOUNT MERU TREK

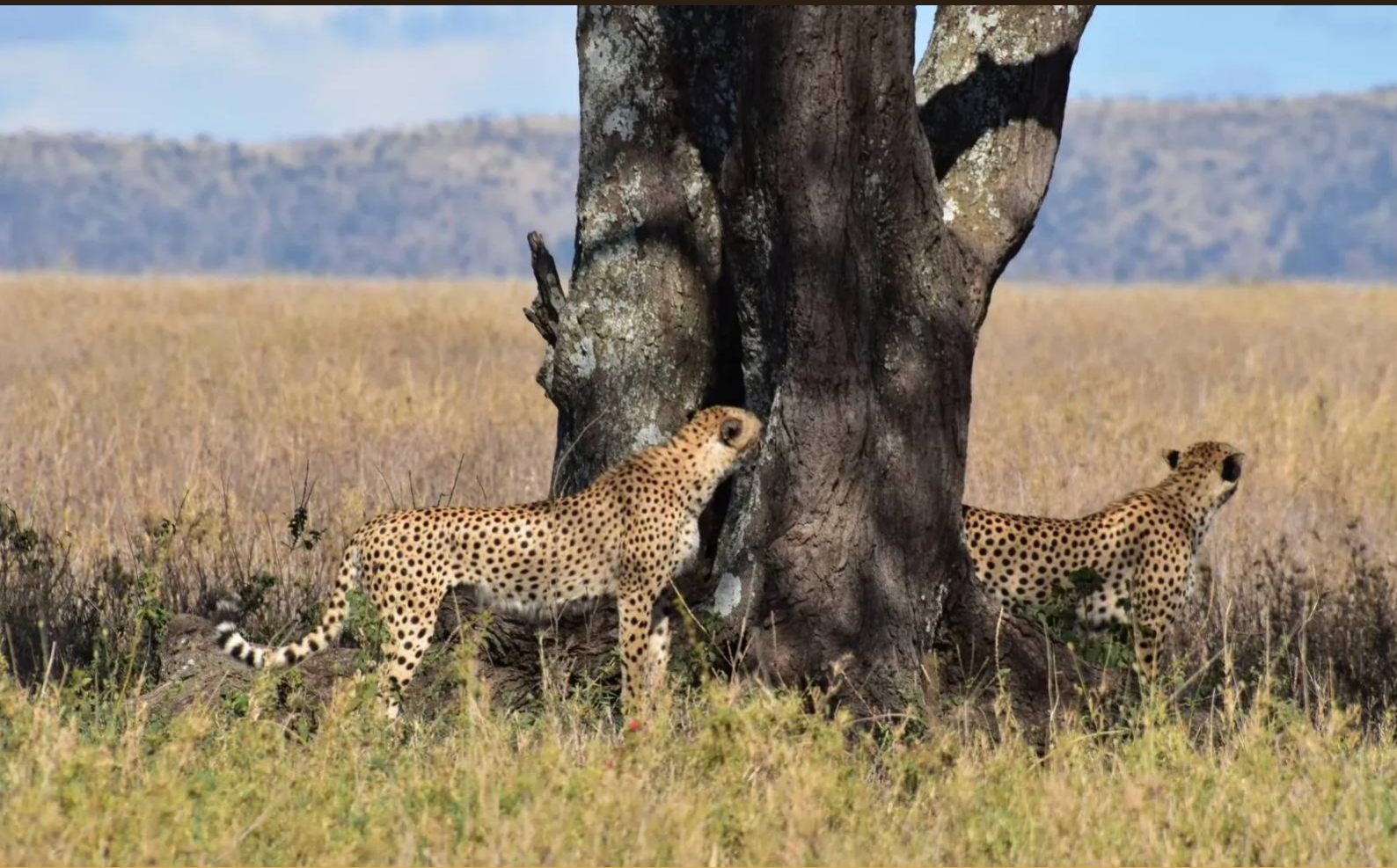
Inclusions and Exclusions

Included

- Professional guide support during the itinerary
- Accommodation as per itinerary nights
- Ground transfers and safari transport
- Park or activity fees as specified per day
- Meals according to itinerary notes

Not included

- International flights and visa charges
- Travel and medical insurance
- Tips and personal expenses
- Optional excursions not explicitly listed



6-DAY MOUNT MERU TREK

Make this journey yours

Every itinerary can be changed: dates, pace, lodges and the parks you visit. Tell us how you like to travel and we will shape this trip around you.

PLAN MY SAFARI

VIEW THIS TRIP ONLINE

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